Get help with your long term services and supports needs.

For people of all ages, any disability, and caregivers.
NY Connects can work with anyone who needs information on long term services and supports — children or adults with disabilities, older adults, family members and caregivers, friends or neighbors, veterans, and helping professionals.

NY Connects can help you...
• Find care and support
• Remain independent
• Understand care options
• Find transportation
• Learn about supports in caregiving
• Find supported employment programs
• Get answers about Medicare
• Apply for Medicaid and other benefits

Community long term services and supports are designed to help people remain healthy and independent:
• Personal care services
• Education and counseling
• Behavioral health/developmental supports and services
• Health and wellness

Three ways to reach NY Connects

By phone. Call 1-800-342-9871. Interpretation and translation services are free. Individuals who are deaf or hard of hearing can use NY Relay System 7-1-1.
Western New York Independent Living, Inc. 1-888-564-5171.

Online. Visit our website: www.nyconnects.ny.gov

In-person. To find the NY Connects office near you, call our toll-free number, visit our website, or Western New York Independent Living, Inc. 3108 Main Street, Buffalo, NY 14214.