Allegany Community Center presents

POWWOW FITNESS

With *Valerie Parker*

CLASS IS FOR ALL FITNESS LEVELS!

Starts January 9th –

February 15th, 2017

6 Week Program

Every Monday's & Wednesday's

6:00 pm—6:45 pm

ACC—MPR

Schedule subject to change

ONLY 30 SPOTS ARE AVAILABLE

Non– ACC Members are required to pay a $45.00 fee to attend class.

To sign up contact Karlene Familo at 716-945– 8119 Ext. 3706

There's nothing quite like it.

Ages 12 & up

Sneakers are required.