

Men's Health Day



**To All Men
Young & Old we
invite you to
learn what we
were told!!
Please Join Us!**

Some day Mother Earth will weep, she will beg for her life. You will need to make a choice, either you will help her or let her die...

Join us to see what we can do about it and to plan for our future:

Mind, Body & Spirit

WHEN: January 10th, 2017 (Tuesday)

10:00 AM - 2:00 PM

WHERE: LRJHC Wellness Center - Diabetes Unit

AGENDA: 10:00 Welcome & Brunch

11:00 Self Advocacy - Will Maybee

11:30 Conservation Program - Will Miller

12:00 Taking Care of Our "Mother" &
What We Were Told - Discussion by
Lehman Dar Dowdy, Living Cultural
Men's Group

1:30 Door Prize Drawings

2:00 Closing

FOR MORE INFO: Robin Crouse, LRJHC Health Educator,
945-5894, Ext. 3240