

GIRLS LACROSSE CLINICS



with Melanie Ross

July 7th and July 14th
August 8th and 15th



Allegany Community Center

Come learn the basic skills and rules of lacrosse!

(Ages 7-9) 1:00-2:00 pm
(Ages 10-12) 2:00-3:00 pm

Need: a woman's lacrosse stick & eye protection (mask)
Recommended: gloves & mouth guard



Please sign up at the front desk!