

***Balancing Life and Diabetes***  
**DIABETES EDUCATION CLASSES**



**WHEN?** Tuesday, MAY 17, 2016  
**WHERE?** CIRHC CONFERENCE ROOM  
**TIME?** 10:00 am - 12:00 pm  
**Healthy Snacks Provided**

**Tell us if you're coming!**

Call Lori or Barb @ 532-5582, ext. 5235 or 5293

- **Learn more about diabetes**
- **Learn more about managing your blood sugar**
- **Make informed choices about treatment**
- **Learn what you can do to *stay healthy* and *prevent complications***



**Family and support people  
are also welcome!**

**You Can Stomp Out Diabetes!**



SENECA NATION HEALTH SYSTEM