



Spring Into Wellness

When: Tuesday, March 22nd, 2016

Where: Catt. Community Wellness Ctr.

36 Thomas Indian School Dr., Irving NY 14081

Activity Schedule :

10:00AM-12:00PM: Walk A Mile In Her Shoes (CCC to CHWC)

12:00PM-1:00PM: Lunch (Chiavetta's Catering: Chicken/Pulled Pork)

Sponsored by C.H.W.C.

1:00PM-4:00PM: Petting Zoo

1:30PM-3:00PM: Making Pinwheels with Child & Family Services

Planting/Drawing with Mary & Sam Jacobs

Balloon Animals

Face Painting

GAME: Locked Into Wellness!

Open House in the Behavioral Health Unit

2:30PM-3:00PM: "I Make A Healthy Snack" with the Diabetes Unit

3:15PM-4:00PM: SNHS Testimonials Video Premiere

*Guests: Ashley K., Theresa L., Mary J., Marilyn G., & Carson W.

4:00PM: PRIZE DRAWINGS

5:00PM-6:00PM: Dinner (Chef's Restaurant) *Sponsored by B.H.U.*

6:00PM-8:00PM: Family Trivia Night

