

# Sugar Beaters



## **SNHS Diabetes Program**

### **Mission:**

**“To improve the quality of life for the native peoples on the Seneca Territories through the prevention and control of diabetes”**

For more information, you may contact our Diabetes Educators:

Lori Crassi, RD, CDN, CDE  
at 532-5582 x5235

Barb Nephew, MS, RD, CDE  
at 532-5582 x5293

## **PLEASE JOIN US...**

Sugar Beaters is a support group that provides a healthy snack, various educational topics and an opportunity for people to share their experiences and ask questions. Feel free to invite a friend and join us in a healthy conversation.

**Topic: Diabetes and Keeping Your Heart Healthy!**

**Speaker: Vivian Curry, Health Educator,  
H.O.P.E. Unit, Seneca Nation Health System**

**When: Wednesday, February 24, 2016  
5:00 - 6:30 p.m.**

**Where: Community Health and Wellness  
Center, Room 126**



**SENECA NATION HEALTH SYSTEM**