Food Is Our Medicine
HEALTHY FIRST NATIONS

Elder's Sharing Circle

Introducing Seed Keeper Terrylynn Brant from Six Nations.

She will be speaking about life skills that her grandparents taught her and how important seed saving is to the community.

Where: Winnie Kettle Building (AOA)

Date:11/16/15

Elder's Circle @ 6:00 PM

For information contact:

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Seneca diabetes foundation
Strong in spirit. Strong in body.