

BEGINNERS BOXING CLUB



Starting Monday, June 29th
Allegany Community Center



For ages 6—14 3:00pm in the Red Room

Come to the community center each week Monday
and learn how to Box! We will cover footwork,
body/head movements, how to throw punches and
how to counter punches

It's a great workout and a lot of fun!



Allegany Community Center

3677 Administration Drive
Salamanca, NY 14779

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