

BRAZILIAN JIU-JITSU

ALLEGANY COMMUNITY CENTER

3677 ADMINISTRATION DRIVE
SALAMANCA, NY 14779

716.945.8119



Contact Darrick Seeley at
(716) 785-2591 for more information.

Starting Tuesday, June 16th

**Kids Class 5pm-6pm
Adult Class 6pm-7pm**



Brazilian Jiu-Jitsu is a martial art and combat sport that teaches a smaller person how to defend himself against a larger adversary by using leverage and proper technique.