

BOXING SEMINAR



1pm-3pm MAY 23rd

Allegany Community Center



National boxing instructor, Jose “Pit Bull” Hernandez along with Joe Backus will be coming to the A.C.C. to demonstrate and discuss boxing techniques, footwork, and body movement for evading punches. Jose grew up in New York City and has fought several times in the “golden gloves” event at Madison Square Garden



Allegany Community Center

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