

Elders' Sharing Circle Container Gardening May 18, 2015

Potluck @ 5 PM

Elder's Sharing Circle @ 6 PM

Winnie Kettle Building

28 Thomas Indian School Drive

Irving, NY 14081

APRIL SHOWERS BRING MAY FLOWERS!

Food Is Our Medicine will help you establish your very own container garden at May's Elders' Sharing Circle. You don't need to grow just flowers if you have limited space (and sun) — we'll show you how to grow veggies and herbs in containers, too!



For more information please contact
Sue at 716-532-5777 ext. 5512 or at
sue.cooper@sni.org



Food Is Our Medicine
HEALTHY FIRST NATIONS



All ages welcome!

*Please kindly bring a small
donation or a dish to pass.*