

# Learn to Swim

For 5yrs old+  
Starting June 4th, 2015  
5:30pm—6:30pm & 6:30pm —7:30pm

Class is \$100.00 per swimmer (Only \$30.00 for CCC Membership Holders) for an 8 week program.

- ◆ Safety (Weather, Boating, Etc.)
- ◆ Enter/Exit Water Unassisted
- ◆ Rotary Breathing
- ◆ Proper Strokes
- ◆ Help/Resting Strokes
- ◆ Surface Diving
- ◆ Floating, Treading, Learning!
- ◆ Conquering Aquaphobia



Provided By:  
Red Cross Certified Lifeguards and  
Water Safety Instructor



For More Information  
716-532-8450 Ext: 5703  
[www.cattarauguscommunitycenter.com](http://www.cattarauguscommunitycenter.com)

