

New Years REZolution Incentive Program



Start your new year off with a bang! Join our 8 week incentive program to kick start a healthy 2015! Just a one time \$20 buy in and a commitment to get fit is all it takes. The top 3 who lose the most body fat percentage will win **CASH!** Cash prizes will be determined based on number of participants. Attend group fitness classes to fill up punch cards for other cool prizes as well!

Every filled card will be entered into 4 random drawings for Dick's gift cards!



Fill up **ONE** card, get a cool t-shirt!

Fill up **TWO** cards, get an even better prize!

Come into the fitness office any time from December 29-January 10 to get your measurements done and pay your entry! (be sure to come in with an empty stomach for more accurate measurements)



Questions/concerns, call Lindsey or Taryn in the fitness office: 532-8450 ext. 5704