LEAD SAFETY AWARENESS

Health Risks:
Risks are present for all but young children under 6 years of age are at higher risk. There are nearly no obvious symptoms but exposure can lead to:

- Neurological issues resulting in learning difficulties, lower IQ, developmental delays
- Issues in central nervous system, heart, and red blood cells which can lead to long-term health problems
- In severe cases - coma, seizures, and even death are possible

Steps for Prevention:

- Practice proper hand washing, especially before eating
- Remove and avoid toys that are not US Consumer Product Safety Commission approved
- Have home evaluated and remediated by certified professional
- Increase intake of foods high in Calcium and Iron as they decrease absorption of lead into the blood

Common Sources:
- Lead paint in homes built before 1978, old toys, and ceramic glaze
- Contact with contaminated soil - lead can remain in soil for several years
- Contaminated water from lead pipes

Resources:
Additional Info - www.epa.gov/lead