

“YOU ARE ENERGY, NOT YOUR TRAUMA”

Come & explore how everything is energy,
including you!

- Learn how traumatic events that happen to us can be transformed and released through the power of breath and focused intention
- Join the discussion on innovative approaches to healing mental health issues and addiction
- Discover how your 3 brains can work for you!

PRESENTER: JORDAN
TESHAKOTENNYON'S MILLER-MEMBER
OF THE MOHAWK NATION-BEAR CLAN
RESIDES AT THE SIX NATIONS OF THE
GRAND RIVER TERRITORY AND IS THE
FOUNDER AND VISIONARY OF THE GET
R.E.A.L. ANIMATION SUITE OF
LEADERSHIP PROGRAMS. HE ALSO
HAS EXPERTISE IN QUANTUM SOUND
THERAPY AS AN AGENT FOR HEALING.



ALLEGANY

Wednesday Nov. 5th 5:00pm-7:00pm

Lionel R John Health Center (LRJHC)
987 RC Hoag Dr. Salamanca NY 14779

CATTARAUGUS

Thursday Nov. 6th 5:00pm-7:00pm
Community Health & Wellness Center (CHWC)
36 Thomas Indian School Dr. Irving NY 14081

Call 716-945-5894 ext. 3243 for more information

