News From the Allegany Prevention Department February 2025

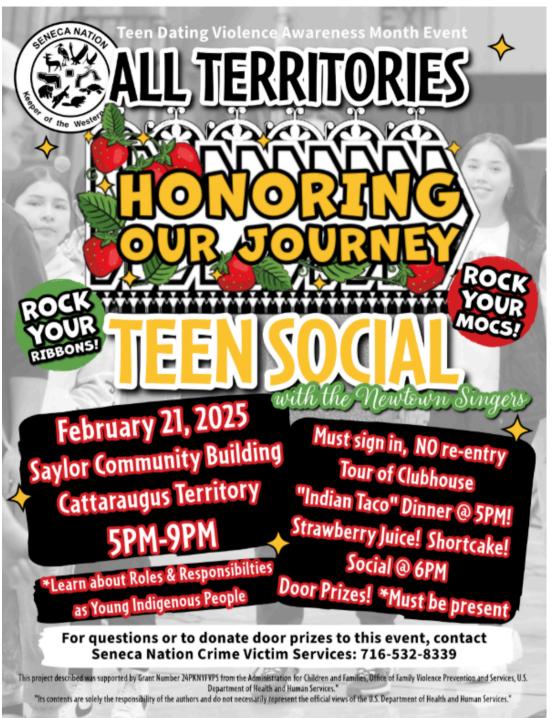






According to the Centers for Disease Control and Prevention (CDC) about 1 in 12 teens experiences physical and sexual abuse in dating relationships. Only 1/3 of these experiences will be reported. The results of dating violence has lifelong effects. Persons effected by dating violence may be at greater risk for health problems, decreased opportunities, increased substance use, depression and suicide. The good news is that this can be preventable.

What is considered abuse and what are the red flags? Abuse can be thought about in four different categories. These categories include sexual, physical, verbal, and emotional. There are several ways that teen dating and violence can be recognized. Sometimes these are referred to as red flags. A few red flags include mood swings, intimidation, anger, threats, social status, blame, peer pressure, jealousy, checking phones, monitoring social media, sexual coercion, an overwhelming sense of being controlled, and isolation. At the top of this page is a QR code that has extensive resources that can be utilized if you or someone you know might be at risk of dating violence. We all have a part to play in the prevention of dating violence, use your voice, look out for your family, friends and community. One of the best ways that we can prevent this and other problems is by the adage, if you see something say something.



988 LIFELINE

If you or someone you know is struggling with thoughts of suicide...



Scan this QR code to reach our Facebook page for all the events we have available this month.

Don't forget to like and share!

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