



ELDER LIVING

Seneca Nation Area Office for the Aging

Remember
the Removal:
Sat. Sept. 30

Residential
School
Healing Walk:
Fri. Sept. 29



Director's Update

Nya:weh sgeno!

Inside this issue:

Staff & Legal: 2
Entertainment: 3
Center Activities: 4
Upcoming Events: 5
September Trips: 6
Menu: 7
Elder Event Pics: 8
Puzzle: 9

It's already that time again! Fall Festival! We hope we see you there on Sept. 9 & 10. Dates to remember also are the TIS reunion on Sat. Sept. 16 at the Wini Kettle Sr. Center, also the Every Child Matters Event on Friday Sept. 29th both on the Cattaraugus territory. Remember the Removal will be on Sat. Sept. 30. On the Allegany territory. Information are also inside this issue.

It was so nice to see you all at the Elders Summers Luncheon given by President Rickey Armstrong, it was a such a nice event with the Rat Pack theme and entertainers, the look alike contests and all the nice door prizes too! We hope you all had a great time!

Ėsgögë' ae' - I'll see you again.
Bethany Lay

SNI & AOA Offices
Closed:

9/4 -Labor Day

9/15 -Ogwe'o:weh Day

Welcome

Jennifer Whiteman Deputy Director

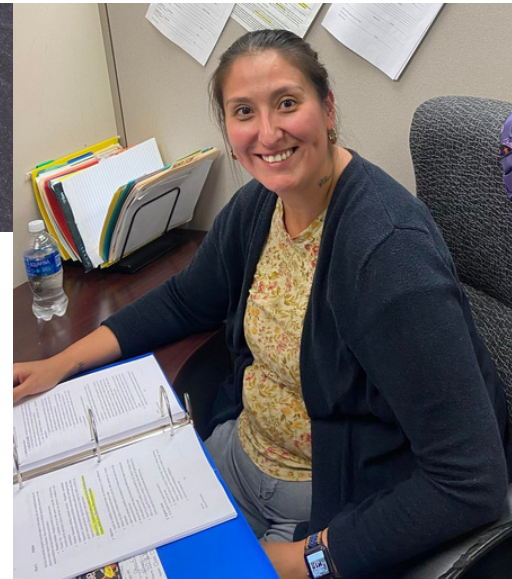


Jennifer has been with the AOA for 8 years as the Aging Services Planner. She was an Elder Law Attorney and practiced Indian Law before working at AOA. She is honored for this opportunity and grateful for the helpful staff. She looks forward to working as our new Deputy Director.

Welcome, Jennifer!

Hailey Brooks Nutrition Coordinator

Hailey is from and currently resides on the Cattaraugus Territory. She started in September 2022 as the Respite Care Provider for AOA. She has a total of 12 years working with the Seneca Nation in various departments. Her parents are William "Snooky" Brooks and Les Cortes. Grandmothers (the late) Rita T. Brooks and Lenith Waterman. She is the proud mom of four children, two boys and two girls. She looks forward to assisting Elders in our community as the new Nutrition Coordinator.



Welcome, Hailey!

Monthly In-Person Legal Assistance

With Thomas Warren,
Center for Elder Law & Justice
4th Friday of Every Month
Appointments required

To make an appointment:

- Call Tina Law in Cattaraugus at (716)532-5777
- Call Bridgette John in Allegany at (716)945-8990



Upcoming Seneca Elder Events



Sign-up sheets for shows will be available 1 MONTH prior to the event. Numbers are turned in to the Casino 1 week prior, if you have a change in plans please cancel before then. Please arrive 2 hours prior to show for the buffet. Be sure you will be attending when you sign-up as there has been an increase of last-minute cancellations, resulting in a waste of Elder entertainment funds. Nya:weh!

Legacy Fighting Alliance Friday, September 15th 7 p.m. Seneca Niagara Event Center

Comedian Ken Jeong **CANCELLED** BY CASINO/COMEDIAN

Comedian David Spade Saturday, September 16th 8 p.m. Seneca Niagara Event Center

Helium Comedy Club -Michelle Wolf Wednesday, September 20th 7 p.m. Buffalo, NY *Bus available

Gary Allan Saturday, September 30th 7 p.m. Seneca Allegany Event Center

Dustin Lynch Friday, October 13th 8 p.m. Seneca Niagara Event Center

Magic of Motown Saturday, October 14th 7:30 p.m. Shea's Theater, Buffalo, NY
*Bus available

LeAnn Rimes Saturday, October 28th 7 p.m. Seneca Allegany Event Center

LIVE Saturday, November 11th 7 p.m. Seneca Allegany Event Center

Air Supply Saturday, November 25th 8 p.m. Seneca Niagara Event Center

We are nearing the end of the budget year, please only sign-up if you are certain you are going so that funds are not wasted.

Seneca Elder ticket is free. If bringing a guest, you pay the cost of the ticket. Price varies per show so contact Irma at 716.532.5777 for more information.

Elder Center Activities

Wini Kettle Senior Center Activities

September 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 Cards 10am Shuffle Board 1pm	2
3 Quarter BINGO 2pm	4 CLOSED	5 Co-Ed Pool tournament 1pm	6 Senior Stretch 1pm Every Child Matters Beaded Pin 2pm	7 Quarter BINGO 1pm	8 Cards 10am Woman's Pool 1pm	9
10 Quarter BINGO 2pm	11 Potluck & BINGO 5pm	12 Game Day Scrabble BINGO 1pm	13 Senior Stretch 1pm Football Wreath 2pm	14 Quarter BINGO 1pm	15 CLOSED	16
17 Buffalo Bills Tailgate party! 1pm	18 Potluck & BINGO 5pm	19 Woman's Pool Tournament 1pm	20 Senior Stretch 1pm	21 Seasonal Craft 1pm	22 Cards 10am	23
24 Quarter BINGO 2pm	25 Potluck & BINGO 5pm	26 Shuffle Board 1pm	27 Senior Stretch 1pm	28 Seasonal Craft 1pm	29 Cards 10am	30



Wini Kettle Senior Center Hours

MON-FRI

8AM-7PM

SUN-SUN

10:30-7PM

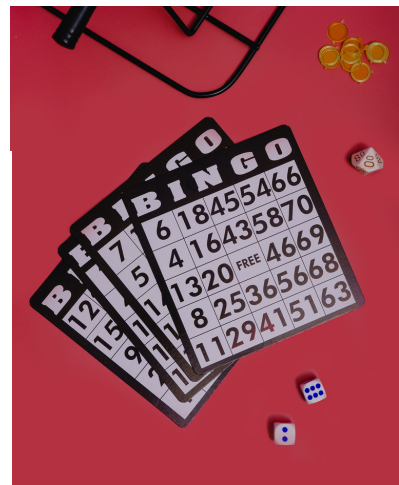
Allegany Elders Center Activities



September 2023



Sun	Mon	Tue	Wed	Thu	Fri	Sat
Senior Center Hours Monday-Friday 8:30am-7:00pm Saturday & Sunday 9:00am-2:00pm	 Movie Time	 Pool	 Card Making Class	 BINGO	 Seneca LANGUAGE w/Allison Mongillo Fridays @ 11am	CALENDAR MAY BE SUBJECT TO CHANGE
Allegany Senior Center 3644 Administration Dr. Salamanca, NY 14779 716-945-8990	<u>Movies for September</u> 9/11 Jurassic Park 9/18 Jurassic Park—Lost World 9/25 Jurassic Park 3		Card Making Class Every Wednesdays w/Shirley Valandra 11-1pm 3 for \$10	7— Dirty Bingo 14—Essential Bingo 21—Cash Bingo 28—Gift Donation	1 9-10 Coffee Social 11-12 Seneca Lang. 2-4 Board games 5-7 Open Pool	2 9-10 Coffee Social 11-1 Buffalo Bills Slippers
3 9-10 Coffee Social 11-1 Puzzle time	4 CLOSED LABOR DAY	5 9-10 Coffee Social 12-1 Lunch 2-4 Cornhole 5-7 Open Pool	6 9-10 Coffee Social 11-1 Card Class 2-4 Scrabble Time 5-7 Open Pool	7 9-10 Coffee Social 12-3 Lunch/Bingo 3-5 Adult Coloring 5-7 Open Pool	8 9-10 Coffee Social 11-12 Seneca Lang. 3-5 Buffalo Bills Slippers 5-7 Open Pool	9 9-10 Coffee Social 11-1 Puzzle time
10 9-10 Coffee Social 11-1 Puzzle time	11 9-10 Coffee Social 11-12 Senior Stretch 1-3 Tea Time 4-6 Movie Night	12 9-10 Coffee Social 12-1 Lunch 2-4 Game Day 5-7 Open Pool	13 9-10 Coffee Social 11-1 Card Class 2-4 Scrabble Time 5-7 Open Pool	14 9-10 Coffee Social 12-3 Lunch/Bingo 3-5 Adult Coloring 5-7 Open Pool	15 CLOSED OGWE'O:WEH DAY	16 9-10 Coffee Social 11-1 Puzzle time
17 Hours 11:30-4:30 12-1 Coffee Social 1-4 Buffalo Bills Game Bills vs Raiders	18 9-10 Coffee Social 11-12 Senior Stretch 1-3 Tea Time 4-6 Movie Night	19 9-10 Coffee Social 12-1 Lunch 2-4 Cornhole 5-7 Open Pool	20 9-10 Coffee Social 11-1 Card Class 2-4 Scrabble Time 5-7 Open Pool	21 9-10 Coffee Social 12-3 Lunch/Bingo 3-5 Adult Coloring 5-7 Open Pool	22 9-10 Coffee Social 11-12 Seneca Lang. 1-3 Pot Luck 5-7 Open Pool	23 9-10 Coffee Social 11-1 Halloween Wreath
24 Hours 11:30-4:30 12-1 Coffee Social 1-4 Buffalo Bills Game Bills vs Commanders	25 9-10 Coffee Social 11-12 Senior Stretch 1-3 Tea Time 4-6 Movie Night	26 9-10 Coffee Social 12-1 Lunch 2-4 Cornhole 5-7 Open Pool	27 9-10 Coffee Social 11-1 Card Class 2-4 Scrabble Time 5-7 Open Pool	28 9-10 Coffee Social 12-3 Lunch/Bingo 3-5 Adult Coloring 5-7 Open Pool	29 9-10 Coffee Social 11-12 Seneca Lang. 1-3 Halloween Wreath 5-7 Open Pool	30 9-10 Coffee Social 11-1 Puzzle time



Allegany Elders Center Hours

MON-FRI

8:30AM-7PM

SAT-SUN

10:00AM-7PM

UPCOMING COMMUNITY EVENTS:

Thomas Indian School Reunion

Alumni & Guests are invited to attend the
annual TIS Reunion

Date: Saturday, September 16th

Location: Cattaraugus AOA Dining Hall

Time: 11 to 2

Please bring a dish to pass & an auction item

Questions may be directed to
Mae Shongo's daughter, Loretta Cheney,
716-969-3617

Every Child Matters Community Healing Event September 29th, 2023

Our Every Child Matters Community Healing Walk
will be on September 29th, 2023 at the
"Sully" Hall Heritage Center.

We hope that you will join us in coming
together creating a collective awareness
of the impact of the Indian Boarding Schools.

Continue to show your support for
Every Child Matters by wearing orange
for orange shirt day on September 30th.



September 29th Program of Events

- SPH Opening Address
- 1 Mile Walk of Former Thomas Indian School Drive
- Mini Social w/ Old Bridge Singers
- Dinner Provided
- Remember to wear orange!

Sponsored by:



#EveryChildMatters

We have special accommodations for those that can not walk.
More information-Crime Victim Services 716-532-8339

SAVE THE DATE

REMEMBER THE REMOVAL

"Spanning the Generations"
SEPTEMBER 30TH, 2023
**ALLEGANY COMMUNITY
CENTER GYM**

3677 ADMINISTRATION DR., SALAMANCA, NY 14778

Walk will start at Breed Run Road to
Red House Bridge.

Busses will leave the Allegany
Community Center at 9:30am. Beverages
and light snacks will be provided.

Wreath and Program at the Red
House Bridge.

Luncheon to follow at Allegany
Community Center.



September 2023

AOA Bus Trips

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Calendar is subject to change	716-945-8990	All rides will depart @ 1pm			1 STATE FAIR SYRACUSE DEPART @ 7:30 RETURN @ 4PM	
4 CLOSED LABOR	5 LOCAL	6 BIG LOTS BRADFORD	7 LOCAL	8 SPRAGUE'S MAPLE FARM PORTVILLE		
11 RIDER'S CHOICE	12 LOCAL	13 OIL SPRINGS CASINO CUBA	14 LOCAL	15 CLOSED Ogwe'o:weh Day		
18 RIDER'S CHOICE	19 LOCAL	20 TARGET JAMESTOWN	21 LOCAL	22 BEEF N BARREL OLEAN		
25 RIDER'S CHOICE	26 LOCAL	27 WEGMANS JAMESTOWN	28 LOCAL	29 RED LOBSTER JAMESTOWN		

September 2023 Menu

Seneca Nation Area Office for the Aging

O'wēdē:da't – Monday	Swēda:dih – Tuesday	Ha'dewēdāh – Wednesday	Ēyóhē'tgeh – Thursday	Wēda:k'ah – Friday
In Allegany please call 716-945-8414 or in Cattaraugus please call 716-532-5777 to make a reservation or cancel a meal by 3:30 pm the day prior to the meal.	Please enjoy a ½ pint milk served with each meal!			1 Beef Stroganoff with Noodles Roasted Brussel Sprouts and Carrots Whole Wheat Roll Orange Slices
4 CLOSED	5 Ham & Scalloped potatoes Steamed Broccoli Side Salad Pear Crisp	6 Roasted Stuffed Pepper With a Harvest Salad A side of Strawberries Ice cream for dessert	7 TRADITIONAL Butternut Squash Soup Served with Side Pork And a Biscuit Melon & whipped topping	8 Spinach Sausage Rigatoni Served with Broccoli and Cauliflower a Dinner Roll Fresh Pears for dessert
11 Ranch Chicken Served with Peas and Carrots And Brown rice Mandarin oranges	12 Beef Tacos Lettuce, Tomato, Onion, Sour Cream, & Salsa Pinto Beans Coleslaw Fresh Melon	13 Crispy Breaded Fish Fillet Apple Cabbage Salad Boiled Baby Red Potatoes Peanut Butter Chocolate Rice Krispy Treat for dessert	14 BIRTHDAY Creamed Chicken over Biscuits, Mashed Potatoes, Side Salad and Birthday Cake for dessert	15 CLOSED
18 Macaroni & Cheese With Zucchini & Squash Blend Stewed Tomatoes And Peach Crisp	19 Boiled Dinner With Corned Beef, Cabbage, Rutabaga, Potatoes & Carrots Biscuit And Cantaloupe for dessert	20 BRUNCH Scrambled Eggs, Sausage Hashbrowns, V8 Pumpkin Muffin and a small banana	21 Grilled Chicken Caesar Wrap With Broccoli salad Baked Potato Chips And an Orange for dessert	22 BBQ Pulled Pork Sandwich With French Fries Vegetable Medley Oatmeal Cookie for dessert
25 Toasted Tuna Melt Sandwich ½ Baked Potato Carrot Raisin Salad Grapes & Oranges	26 Spaghetti & Meat Sauce With a Tossed Salad Slice of Italian Bread Cinnamon Pears	27 Chicken Salsa Rice Bake With a side of Red bell pepper sticks and Hummus Grapes, and A Brownie for dessert	28 Vegetable Pizza Served with a Side Salad, roasted Brussels Sprouts and Fruited Jell-O	29 Salisbury Steak & Gravy Over brown rice Roasted Cauliflower Apple Crumble

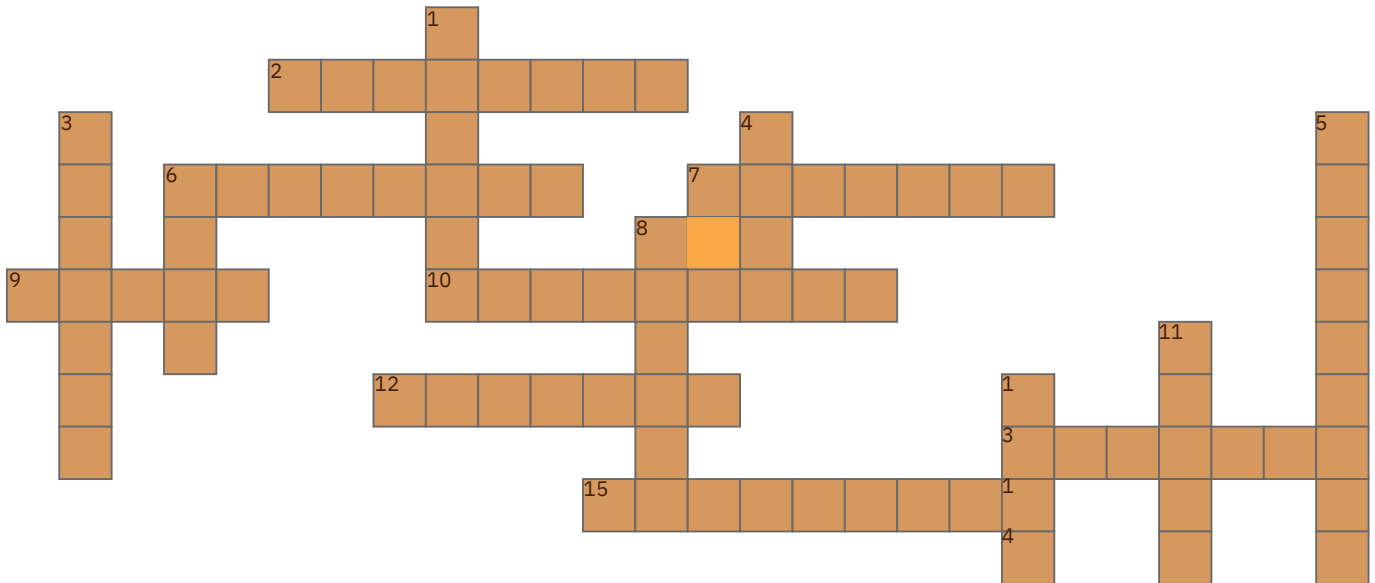


There is one thing Alzheimer's cannot take away, and that is love. Love is not a memory – it's a feeling that resides in your heart & soul.



Name: _____ Date: _____

Autumn Crossword



ACROSS

2. Last month of Autumn
6. An organized day or period of celebration.
7. The process or period of gathering in crops.
9. A variety of this fruit is marketed as "Autumn Glory"
10. Likes to store and eat nuts
12. Spring, Summer, Fall, Winter are the four
14. Another Autumn month
15. First month of Autumn

DOWN

1. What falls from a tree in Autumn.
3. You can use it to make a pie or for carving
4. You can gather fallen leaves with this
5. Used to scare the crows from fields
6. Another name for Autumn
8. Autumn leaves color
11. Fruit of the oak tree
13. Vegetable that grows in stalks

SEASONS	OCTOBER	SCARECROW	ORANGE
NOVEMBER	HARVEST	APPLE	SQUIRRELS
SEPTEMBER	FESTIVAL	ACORN	LEAVES
PUMPKIN	FALL	RAKE	CORN