

ELDER LIVING

Seneca Nation Area Office for the Aging



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ha' nih
father

hakso:d
grandfather

**AOA and SNI
Offices are
CLOSED
Friday, June 14th
for SNI President's Day**

Director's Update

Nya:wëh Sgë:nö'

First, Happy Father's Day on June 16th to all the Ha'nih's, Hakso:d's! I hope you have a wonderful day celebrating with your loved ones. June is also Elder Abuse Awareness Month, with World Elder Abuse Awareness observed on June 15th. We have a variety of events lined up this month, and we encourage you to come. Our big event is the Elder Resource Fair, where you can learn about various resources available to Elders and Caregivers. We hope you can attend! If you need assistance or would like to participate in any of our activities and events or have suggestions, please don't hesitate to contact us. Stay Cool! Stay hydrated!

Ësgögë' ae', Bethany Lay, Director

1-Sga:d

FREE In-Person Legal Assistance @ AOA

With **Thomas Warren**,
Center for Elder Law &
Justice

Date:
June 28

****Appointments required****

To make an appointment:

- Call Bridgette John in Allegany at (716)945-8414
- Call Tina Law in Cattaraugus at (716)532-5777

Allegany Elders Center Hours

MON-FRI
8:30AM-7PM
SAT-SUN
9AM-2PM



Wini Kettle Senior Center Hours

MON-FRI
8AM-6PM
SAT-SUN
11AM-3PM

Congregate Dining at AOA

44 Seneca Senior Center

Weekdays from 12 - 1 pm.

Please call for reservations by 3pm the day prior: 716-945-8414.

Seneca Allegany Elders Center

Tuesdays and Thursdays

from 12 - 1 pm.

Please call for reservations by 3pm the day prior: 716-945-8414.

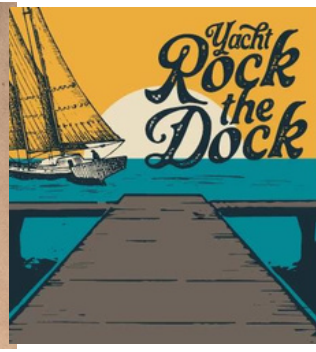
Wini Kettle Senior Center

Weekdays from 12 - 1 pm.

Please call for reservations by 3pm the day prior: 716-532-5777.



Upcoming Seneca Elder Events



Sign-up sheets for shows will be available 1 MONTH prior to the event. Numbers are turned in to the Casino 1 week prior, if you have a change in plans please cancel before then.

GUEST TICKET MUST BE PAID FOR AT LEAST 1 WEEK PRIOR TO SHOW
Please arrive 2 hours prior to the show for the buffet at the casinos

Guest

Cost

\$48 Justin Moore- Saturday, June 15th 8 p.m. Seneca Niagara

N/A Buffalo Bisons Game- Saturday, June 15th 6:35pm. [Bus available.](#)

\$18 Australia's Thunder from Down Under- Sat., June 29 7p.m.

Allegany

N/A Christmas in July Bingo- Tues., July 9th @1pm Niagara. [Bus](#)

[available](#)

\$48 Donny Osmond- Saturday, July 13th 8 p.m. Seneca Niagara

\$38 Yacht Rock the Dock Christopher Cross, Ambrosia & Friends-
 Saturday, July 20th 8p.m. Seneca Niagara Event Center

\$43 Cinderella's Tom Keifer with special guests-Winger & Lita Ford-
 Saturday, July 27th 7 p.m. Seneca Allegany Event Center

\$20 Comedian Fortune Feimster- Saturday, July 27th 8 p.m. @ Niagara

HONOR OUR ELDERS



Stand Up Against Elder Abuse

Elders are an important part of our community. They are our wisdom keepers and first teachers. They deserve our respect and protection.

Sadly, elder abuse most often occurs at home and by family members or caregivers. If you or someone you know is experiencing abuse, neglect, or exploitation -please reach out for help.

- In cases of immediate danger call 911.
- To report abuse or neglect at home:
Call New York State Adult Protective Services
1-844-697-3505
- To report nursing home abuse or neglect:
Call NY State Long-term Care Ombudsman Program
1-855-582-6769
- Seneca Nation Crime Victim Services
Sharon Francis (716) 532-4900 ext. 5060
- 24/7 Victim Services Hotline (716) 532-8185



Ēyögwanohte:g Hadigëhji 'da '
We will cherish the elders.



THE SENECA NATION IS HOSTING THE

WORLD INDIGENOUS SUICIDE PREVENTION CONFERENCE

MONDAY, JULY 22-24TH

AT THE SENECA NIAGARA RESORT & CASINO

FOR MORE INFORMATION OR IF YOU'RE INTERESTED IN ATTENDING
PLEASE SEE ANY AOA STAFF MEMBER OR CALL IRMA AT (716)577-4705

SENECA NATION AOA

Elder Resource Fair

Wednesday, June 12th

**Allegany
Community Center**

Wednesday, July 10th

**Cattaraugus
Seneca Fire Hall**

10 AM - 2 PM

Community Resources

Dance Performance

Lunch Provided

Info & Giveaways

Door Prize Drawings

For more information, call
Seneca Nation A.O.A. at:

(716) 532-5777

(716) 945-8414



Elder Abuse Awareness Event

**For Elders age 60 & up and their caregivers*

WE WOULD LIKE TO KNOW

If you plan to attend the NYS Fair Indian Day, Friday August 30th, 2024

Please Answer to following Questions

When was the last time you attended the state fair? _____

Would you like to attend the State Fair this year? YES NO

Do you have trouble walking for long periods? YES NO

If you attended the State fair with AOA, would you need the use of a power mobility scooter? YES NO

Please keep an eye out for sign-ups for the NYS Fair in July!



If you have any questions regarding this survey please contact
Brittany Seneca at (716) 532-5777 ext. 5501

7- Ja:dak



Seneca Nation
Area Office
for the Aging

ELDERS CENTER TRIP SUGGESTIONS & COMMENTS

Date: _____

Please call or mail in trip suggestions at least one month in advance. Please include date and time of event.

Cattaraugus is limited to six riders until cdl position is filled.

Seneca Allegany Elder Center 3644 Administration Drive Salamanca, NY 14779 716-945-8414	Wini Kettle AOA 28 Thomas Indian School Dr. Irving, NY 14181 716-532-5777
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Seneca Nation AOA



COMING SOON

Farmers Market

Senior Farmers market
Coupons will be available on,

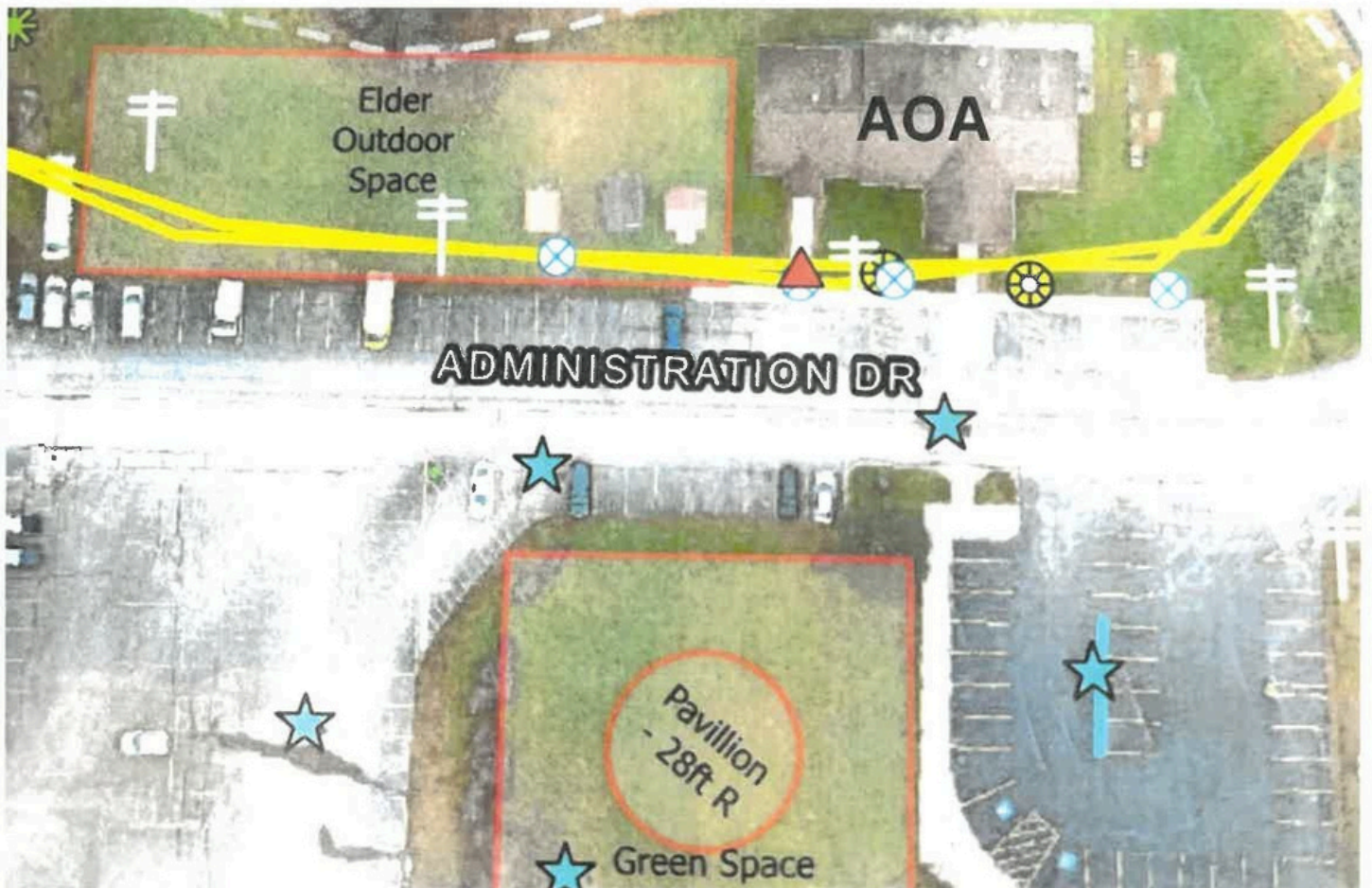
JULY 1ST, 2024

Eligibility:

- 60 years of Age or older, AND
- Monthly income is at or below:
 - \$2,322/month (One-Person Household)
 - \$3,152/month (Two-Person Household);
 - or
 - \$3,981/month (Three-Person Household)

For more information contact us at:
Cattaraugus Territory 716-532-5777
Allegany Territory: 716-945-8414

LOOKING FOR SUGGESTIONS!



Above is a picture of the outdoor space designated for Elders. This is outside the Allegany Elders Center. We are looking for input on how our Elders would like to see the space utilized! Also, Input is welcome on the style of the pavillion that will be across from AOA for public use. Such as gazebo, grills, square or rectangular, etc. *Please take a look and submit your suggestions.*

Thank you

10 - Washë:h

JUNE 2024

Bus Trips



Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3 LOCAL SHOPPING	4 RIDER'S CHOICE	5 BIG LOTS BRADFORD	6 LOCAL SHOPPING	7 RIDER'S CHOICE	8
9	10 LOCAL SHOPPING	11 RIDER'S CHOICE	12 WALMART OLEAN	13 LOCAL SHOPPING	14 SNI CLOSED PRESIDENT'S DAY	15
16	17 LOCAL SHOPPING	18 RIDER'S CHOICE	19 TARGET JAMESTOWN	20 LOCAL SHOPPING	21 RIDER'S CHOICE	22
23	24 LOCAL SHOPPING	25 RIDER'S CHOICE	26 ALDI BRADFORD	27 LOCAL SHOPPING	28 RIDER'S CHOICE	29

Allegany Senior Center
 3644 Administration Drive
 Salamanca, NY 14779
 716-945-8990

Any questions please feel free to call
 Stephanie John or Dorsie Bluesky
 Calendar is subject to change!



June 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Hours Mon-Fri 8:30am-7pm Sat & Sun 9am-2pm	POT LUCK Monday June 24, 2024 1-3 BBQ Chicken Bring a dish to pass	 4 9-10 Coffee Social 12-1 Lunch 1-3 Board Games 4-6 Open Pool	5 9-10 Coffee Social 11-1 Card Class 1-3 Puzzle Time 4-6 Open Pool	6 9-10 Coffee Social 12-1 Lunch 1-3 Bingo 4-6 Paint Day- Paint Swapping	 7 9-10 Coffee Social 11-1 Yahtzee 1:30 Seneca Lang. 4-6 Open Pool	1 9-10 Coffee Social 11-1 Scrabble
2 9-10 Coffee Social 11-1 Open Pool	3 9-10 Coffee Social 11-1 Adult Coloring 1-3 Open Pool 4-6 Mon. Matinee	4 9-10 Coffee Social 12-1 Lunch 1-3 Board Games 4-6 Open Pool	5 9-10 Coffee Social 11-1 Card Class 1-3 Puzzle Time 4-6 Open Pool	6 9-10 Coffee Social 12-1 Lunch 1-3 Bingo 4-6 Paint Day- Paint Swapping	7 9-10 Coffee Social 11-1 Yahtzee 1:30 Seneca Lang. 4-6 Open Pool	8 9-10 Coffee Social 11-1 Scrabble
9 9-10 Coffee Social 11-1 Open Pool	10 9-10 Coffee Social 11-1 Adult Coloring 1-3 Open Pool 4-6 Mon. Matinee	11 9-10 Coffee Social 12-1 Lunch 1-3 Board Games 4-6 Open Pool	12 9-10 Coffee Social 11-1 Card Class 1-3 Puzzle Time 4-6 Open Pool	13 9-10 Coffee Social 12-1 Lunch 1-3 Bingo 4-6 Paint Day- Paint your Partner	14 SNI CLOSED President's Day	15 9-10 Coffee Social 11-1 Scrabble
16 9-10 Coffee Social 11-1 Open Pool	17 9-10 Coffee Social 11-1 Adult Coloring 1-3 Open Pool 4-6 Mon. Matinee	18 9-10 Coffee Social 12-1 Lunch 1-3 Board Games 4-6 Open Pool	19 9-10 Coffee Social 11-1 Card Class 1-3 Puzzle Time 4-6 Open Pool	20 9-10 Coffee Social 12-1 Lunch 1-3 Bingo 4-6 Paint Day- Paint a Rock	21 9-10 Coffee Social 11-1 Yahtzee 1:30 Seneca Lang. 4-6 Open Pool	22 9-10 Coffee Social 11-1 Scrabble
23 9-10 Coffee Social 11-1 Open Pool	24 9-10 Coffee Social 11-1 Adult Coloring 1-3 POT LUCK 4-6 Mon. Matinee We Stood Together	25 9-10 Coffee Social 12-1 Lunch 1-3 Board Games 4-6 Open Pool	26 9-10 Coffee Social 11-1 Card Class 1-3 Puzzle Time 4-6 Open Pool	27 9-10 Coffee Social 12-1 Lunch 1-3 Bingo 4-6 Paint Day- Blindfold Painting	28 9-10 Coffee Social 11-1 Yahtzee 1:30 Seneca Lang. 4-6 Open Pool	29 9-10 Coffee Social 11-1 Scrabble

Catt AOA Activities

June 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 Movies & snacks 12pm
2 Quarter BINGO 1pm	3 Walking Program 9am Potluck 5pm	4 Card Club 10am Shuffle Board 1pm	5 Walking Program 9am Cornhole 1pm	6 Quarter BINGO 1pm	7 Card Club 10am Board Games 1pm	8 Movies & snacks 12pm
9 Quarter BINGO 1pm	10 Walking Program 9am Potluck 5pm	11 Card Club 10am Women's pool 1pm	12 Walking Program 9am Seasonal Craft 1pm	13 Fathers Day Pool Tournament & Picnic 1pm	14 CLOSED	15 Movies & snacks 12pm
16 Quarter BINGO 1pm	17 Walking Program 9am Potluck 5pm	18 Card Club 10am Shuffle Board 1pm	19 Walking Program 9am Cornhole 1pm	20 White Elephant BINGO 1pm	21 Card Club 10am Board Games 1pm	22 Movies & snacks 12pm
23 Quarter BINGO 1pm	24 Walking Program 9am Potluck 5pm	25 Card Club 10am Co-ed Pool 1pm	26 Walking Program 9am Seasonal Craft 1pm	27 Quarter BINGO 1pm	28 Card Club 10am Board Games 1pm	29 Movies & snacks 12pm Sun 30.

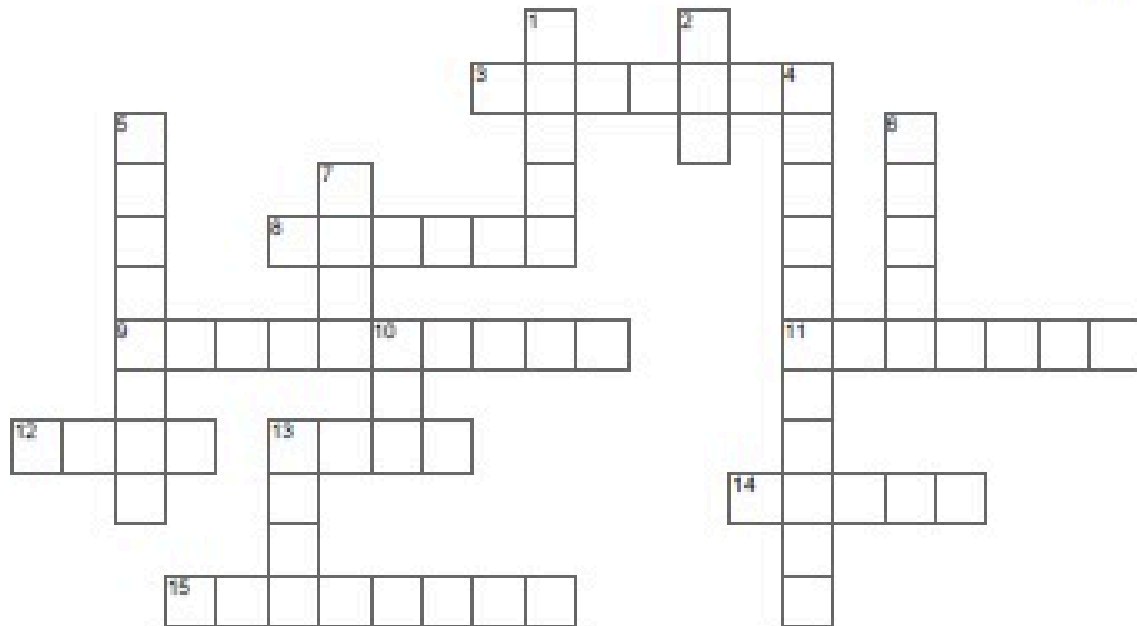
Lunch Menu

June 2024 Menu

Seneca Nation Area Office for the Aging

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Vegetable Pizza Served with a Green Salad Fruited Jell-O for dessert	4 Roast pork with Gravy Served with a Dinner Roll and sides of Mashed Potatoes, Carrots Fresh Cantaloupe and watermelon for dessert	5 Julienne Salad Roll Fruit Crisp	6 BBQ Chicken Broccoli Apple Salad, Strawberry Cake	7 Italian Sausage Sandwich with grilled onions and peppers Garden Salad Mixed vegetables Yogurt Fresh Raspberries, Blueberries, & Blackberries
10 Ranch chicken Served with green beans Brown Rice Mandarin Orange	11 Breaded Fish French Fries And a side of Coleslaw Apple Slices	12 Teriyaki Pork Served with Brown Rice, Roasted Carrots Strawberry Poke Cake	13 <u>FATHER'S DAY MEAL</u> Chicken Salsa Rice Bake Red Bell Pepper Sticks And Humus Grapes Brownie for dessert	14 SNI CLOSED PRESIDENTS DAY
17 Ham & Bean Soup Biscuit, Garden Salad Peaches & Cottage Cheese	18 Crispy Chicken Fingers With Sweet Potato wedges Celery and carrots Warm Cinnamon Pears	19 Macaroni & Cheese Roasted Zucchini & Squash Peach Crisp	20 <u>BIRTHDAY PARTY!</u> Oven-baked Pork Chop Baked Potato, Corn Dinner Roll Strawberry Angel Food Cake and Orange Sherbet for dessert	21 Italian Herb Fish Corn Bread Baked Potato Coleslaw Ambrosia
24 Stuffed Shells with Marinara Sauce Served with Garden Salad Spinach And a Dinner Roll Fresh Fruit for dessert	25 Roast Beef with Gravy Mashed Potato Spinach Strawberry Cake	26 <u>BRUNCH</u> Pancakes with Fresh Berry topping Turkey Bacon Low-Sodium V8	27 <u>TRADITIONAL MEAL</u> Green Bean Soup Bean Sandwich Watermelon Strawberry Juice	28 Philly Steak & Cheese Sliders Potato Wedges Green Beans Fresh cut Cantaloupe
June 15, 2024 Wear Purple to Support Awareness			In Allegany, please call 716-945-8414 or in Cattaraugus please call 716-532-5777 to make a reservation or cancel a meal by 3:30 pm the day prior to the meal.	Please enjoy a ½ pint milk served with each meal! MENU IS SUBJECT TO CHANGE

Father's Day Crossword



ACROSS

3. Sleep in a tent.
8. Day of the week that Father's Day is celebrated.
9. Outdoor Cooking.
11. Outdoor activity that involves sitting in a boat.
12. Opposite of female.
13. My father is my _____.
14. Singular form of children.
15. My father loves to watch _____ on the TV.

DOWN

1. Another name for father.
2. Narrow cloth worn around the neck.
4. Dad's Father.
5. A favorite Sunday sport.
6. To fix things Dad needs his...
7. Month of the year that we celebrate Father's day.
10. Mode of transportation.
13. Give Dad _____ and Kisses on Father's Day.

HERO	DADDY	GRANDFATHER	FOOTBALL
FISHING	JUNE	TOOLS	CAR
TIE	CHILD	CAMPING	SUNDAY
BASEBALL	HUGS	BARBECUING	MALE