First, Happy Father's Day on June 18 to all the Ha'nih's, Hakso:d's! Hope you all enjoy your day! June is also Elder Abuse Awareness Month and June 15th is World Elder Abuse Awareness Day. This past month we introduced the AOA's Advisory Committee's Elder Protection Draft Code to the Community, also a "Comment" period and Community meetings were held on both territories on the draft. We hope you have had the chance to review and participate in our committee's endeavor to protect our Elders. If you are interested and would like a copy of this Draft code, please call and we can get a copy to you. We hope you enjoy what's inside this month's edition thanks to Irma, your Elder Advocate, Nya:wëh Irma! If you need assistance or would like to participate in any of our activities and events or have suggestions, please don't hesitate to contact us. Stay Cool! Stay hydrated!

 Españó’ ae’, Bethany Lay, Director
FREE In-Person Legal Assistance @ AOA

With Thomas Warren, Center for Elder Law & Justice

Date: June 23

**Appointments required**

To make an appointment:

- Call Bridgette John in Allegany at (716)945-8414
- Call Tina Law in Cattaraugus at (716)532-5777

Allegany Elders Center Hours

MON-FRI 8:30AM-7PM
SAT-SUN 10:30AM-7PM

Wini Kettle Senior Center Hours

MON-FRI 8AM-7PM
SAT-SUN 10:30-7PM

Congregate Dining at AOA

44 Seneca Senior Center
Weekdays from 12 – 1 pm.
Please call for reservations by 3pm the day prior: 716-945-8414.

Seneca Allegany Elders Center
Tuesdays and Thursdays
from 12 – 1 pm.
Please call for reservations by 3pm the day prior: 716-945-8414.

Wini Kettle Senior Center
Weekdays from 12 – 1 pm.
Please call for reservations by 3pm the day prior: 716-532-5777.
The AOA Advisory Council is a formal body of community members appointed by the Tribal Council. We meet on a monthly basis. The Advisory Council serves several purposes:

- Serves as a sounding board for ideas and concepts relating to Aging programs that may be available to Elders
- Interprets the needs of Elders through consumer services, advice, and cooperation with other Seneca Nation departments and local and county governments.
- Initiates and supports existing advocacy movements on behalf of Elders residing in the Seneca Nation AOA planning and services area.
- **Represent the interests of Seneca Elders.**

Elections of officers were held in April. Officers hold their position for one year. The **current officers** are:

- **Nancy Toth**, Chairperson
- **Suzanne John-Blacksnake**, Vice-Chairperson
- **Valerie Jonas**, Secretary

**Community Members:**

- **Mary Moses**, Allegany Territory
- **Marguerite Haring**, Cattaraugus Territory
- **Marilyn George**, Allegany Territory
- **Denise Mohawk**, Cattaraugus Territory

We have been working on developing a Seneca Elder Protection Code. This has been a collaborative effort with the Health Dept., Crime Victim Services, Legal, Housing, the Marshals, and AOA staff by forming an Elder Protection Code Workgroup. We held two public hearings and the public comment period closed on May 26th. The next step will be to present it back to the Council for further action.

The AOA Advisory Council will have articles in the AOA Newsletter to keep you informed on what we are working on.

**Please feel free to share your ideas and suggestions with us.**

Nya:weh

Nancy Toth, Chairperson
When someone is showing signs of dementia, it’s time to talk. Often, conversations with family about changing behaviors can be challenging and uncomfortable. This program provides tips for breaking the ice with your family so you can address some of the most common issues that are difficult to discuss: going to the doctor for a diagnosis or medical treatment, deciding when to stop driving, and making legal and financial plans for future care.

**Allegany Elders Center**  
Tuesday June 13  
10-11am  
3644 Administrative Dr. Salamanca, NY  
(716) 945-8414

**Wini Kettle Senior Center**  
Wednesday June 14  
10-11am  
28 Thomas Indian School Dr. Irving, NY  
(716) 532-5777

To register call 800.272.3900  
Walk-ins welcome!
Upcoming Seneca Elder Events

38 Special - Saturday, June 17th 8 p.m. Seneca Niagara
Buffalo Bison's Baseball game - Saturday, June 17th 6 p.m.
REO Speedwagon - Saturday, June 24th 7 p.m. Seneca Allegany
Gladys Knight - Friday, July 14th 8 p.m. Seneca Niagara
The Oak Ridge Boy's - Saturday, July 22nd 8 p.m. Seneca Allegany
Nitty Gritty Dirt Band with special guest A Thousand Horses
Friday, August 4th 7 p.m. Seneca Allegany Outdoor Concert
The Beach Boy's - Saturday, August 5th 7 p.m. Seneca Allegany Outdoor
Comedian Ken Jeong - Saturday, September 16th 8 p.m. Seneca Niagara

Sign-up sheets for shows will be available 1 MONTH prior to the event. Numbers are turned in to the Casino 1 week prior, if you have a change in plans please cancel before then. Please arrive 2 hours prior to show for buffet and no later than 30 minutes prior. Be sure you will be attending when you sign-up as there has been an increase of last-minute cancellations, resulting in a waste of Elder entertainment funds. Nya:weh!
June Health & Wellness Classes

SENIOR STRETCH at the Wini Kettle Senior Center

Classes held every Wednesday starting on June 28 from 1pm-1:30 pm
Walk-ins are welcome!

Join us for senior stretch class, dress comfortably. Classes taught by certified teacher and Exercise Specialist, Andrea Spako. Veggie bucks will be earned for participation.

Contact Raven Lay at 716-532-5777 for further questions.

SENIOR STRETCH at the Allegany Elders Center

Classes held every Monday in June from 11am-noon
Walk-ins are welcome!

Join us for senior stretch class, dress comfortably. Classes led by Robin Crouse, SNHS Health Educator, in partnership with AOA and SDPI grant. Veggie bucks will be earned for participation.

Contact Stephanie John at (716)945-8414 for questions.
NY Connects links individuals to long term services and supports regardless of payment source: whether it be private pay, public or a combination of both. Through the provision of free, comprehensive, objective information and assistance about long term services and supports, NY Connects empowers individuals and families to identify available services and supports and choose what will best meet their needs at home, in the community, and as necessary, in residential or institutional settings.

Connect to long term services and supports in your community:
- Personal care services
- Education and counseling
- Health and wellness
- Behavioral health supports and services
- Intellectual/developmental disability supports and services
- Social supports

Three ways to connect to reach NY connects:
1. By phone. Call 1-800-342-9871. Interpretation and translation services are free. Individuals who are deaf or hard of hearing can use NY Relay System 7-1-1.
3. In-person. To find the NY Connects office near you, call our toll-free number, visit our website, or see the address below.

Your local NY Connects representative:
Briana Snyder, Options Counselor
Phone: (716)945-8991 Email: Briana.Snyder@sni.org
Seneca Nation Area Office for the Aging
Wini Kettle Senior Center
28 Thomas Indian School Drive
Wini Kettle Senior Center Activities

Pot Luck & BINGO: EVERY MONDAY @ 5pm  
Mens Pool: EVERY MONDAY @ 9am  
Card Club: EVERY TUESDAY & FRIDAY @ 10 am  
Senior Stretch: EVERY WEDNESDAY 1-1:30 pm **Beginning 6/28  
Gardening: WEDNESDAY 6/7 @ 1 pm  
Walking Club: EVERY WEDNESDAY @ 11:30 am  
Shuffleboard: FRIDAY 6/9 & TUESDAY 6/20 @ 1pm  
Seasonal Craft: WEDNESDAY 6/14 & 6/28 @ 1pm  
Catt. to Alleg. Pool: TUESDAY 6/13 leave @ noon  
Women’s Pool Tournament: FRIDAY 6/23 @ 1pm  
Quarter BINGO: THURSDAY 6/8 & 6/29 @ 1pm  
Prize BINGO: THURSDAY 6/22 @ 1pm  
Alleg. @ Catt. Pool Tournament: TUESDAY 6/27 @ 1pm

For more information, call Raven or Bruce at (716)532-5777.

Allegany Elders Center Activities

Senior Stretch w/ Robin Crouse: Every MON. 11-12 pm  
Movie Night: Every MONDAY @ 4pm  
Terrarium Making: Every MONDAY 1-3 pm  
Men’s Pool Tournament: TUESDAY 6/6 @ 1pm  
Card Making Class: Every WEDNESDAY 11am-1pm  
Adult Coloring: Every WED 2-4 pm & 6/1,22,29 3-5pm  
BINGO: Every THURSDAY @ 1pm  
Seneca Language: Every FRIDAY 11am-12pm  
Catt. @ Allegany Pool: TUESDAY 6/13 @ 1pm  
Allegany @ Catt Pool: TUESDAY 6/27 leave @ noon  
Pot Luck: FRIDAY 6/30 1-3pm

For more information, call Stephanie or Dorsie at (716)945-8990.
ELDER ABUSE IN INDIAN COUNTRY

OVERVIEW

According to the National Center on Elder Abuse (NCEA), elder abuse refers to any of the following types of mistreatment that are committed by someone with whom the elder has a special relationship (e.g., spouse, sibling, child, friend, or caregiver).

TYPES OF ABUSE

- Physical Abuse
  - The use of physical force that may result in bodily injury, physical pain, or impairment.
- Emotional/Psychological Abuse
  - The infliction of anguish, pain, or distress through verbal or nonverbal acts.
- Sexual Abuse
  - Sexual contact with any person who has not consented or is incapable of giving consent is sexual abuse.
- Financial or Material Exploitation
  - The illegal or improper use of an elder's funds, property, or assets.
- Neglect
  - The failure or refusal to fulfill any part of a person's care which a reasonable person would provide for a patient in the same circumstances.
- Self-Neglect
  - The behavior of an elder person that threatens his/her personal health or safety.

Spiritual Abuse

- Spiritual abuse among Native American elder adults are actions that damage one's experience and personal practice of the sacred.
- Such as refusing to take elders to ceremonies and preventing them from participating in spiritual activities that lead to health or spiritual beliefs.
- Abandonment
  - The desertion of an older person by an individual who has assumed responsibility for providing care for an older, or by a person with physical custody of an older.
- Financial Abuse
  - The illegal or improper use of an elder's funds, property, or assets.

ELDER VULNERABILITY

Due to health, cognitive, and social interaction changes with aging, elders are uniquely vulnerable to abuse. Elder abuse often goes unreported because of either lack of resources available to the elder or a hesitancy to report. An elder may be protecting a family member or friend who is the abuser.

NUMBERS & STATISTICS

In 2005, persons age 65 or older made up about 12.3% of U.S. population, and it is estimated that at the current rate by 2030 they will make up 19%. Incidents of elder abuse and neglect are expected to increase with growth of elder population.

CALL THE POLICE OR 9-1-1 IMMEDIATELY IF SOMEONE YOU KNOW IS IN IMMEDIATE, LIFE-THREATENING DANGER.

If the danger is not immediate, but you suspect that abuse has occurred or is occurring, please tell someone. Relay your concerns to the local/tribal adult protective services, long-term care ombudsman, or the tribal police.

For more detailed information on elder abuse watch the online educational module at: https://www.nieji.org/training/elder-abuse/

REFERENCES


"This document was completed for the National Indigenous Elder Justice Initiative and National Center for Elder Abuse and are supported in part by a grant (No. 90IERC0002 & 90ABRC0001-03-02) from the Administration on Aging, U.S. Department of Health and Human Services (DHHS). Grantees carrying out projects under government sponsorship are encouraged to express freely their findings and conclusions. Therefore, points of view or opinions do not necessarily represent official Administration on Aging or DHHS policy."

NATIONAL INDIGENOUS ELDER JUSTICE INITIATIVE • CENTER FOR RURAL HEALTH UNIVERSITY OF NORTH DAKOTA • SCHOOL OF MEDICINE & HEALTH SCIENCES

1301 North Columbia Road Suite E231 • Grand Forks, ND 58202-9037 • Phone: (701) 777-6084 • Fax: (701) 777-6779 • Email: info@nieji.org
HONOR OUR
ELDERS

Stand Up Against Elder Abuse

Elders are an important part of our community. They are our wisdom keepers and first teachers. They deserve our respect and protection.

Sadly, elder abuse most often occurs at home and by family members or caregivers. If you or someone you know is experiencing abuse, neglect, or exploitation -please reach out for help.

→ In cases of immediate danger call 911.

→ To report abuse or neglect at home:
  Call New York State Adult Protective Services
  1-844-697-3505

→ To report nursing home abuse or neglect:
  Call NY State Long-term Care Ombudsman Program
  1-855-582-6769

→ Seneca Nation Crime Victim Services
  Sharon Francis (716) 532-4900 ext. 5060

→ 24/7 Victim Services Hotline (716) 532-8185

Éyögwanohste:γ Hadigëhji ′da′
We will cherish the elders.
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<tr>
<th>Day</th>
<th>Meal Description</th>
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<tr>
<td>Monday</td>
<td>EIGHT'S DAV NAEL</td>
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<tr>
<td>Tuesday</td>
<td>Breakfast: Fresh Juice, Stawberry Juice, Almond, Green Bean, EU, Peanut, Tripe</td>
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<td>Wednesday</td>
<td>BREAKFAST: Brookville, Green Bean, EU, Peanut, Tripe, Lunch:   Beef, EU, Peanut,</td>
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<td>Thursday</td>
<td>Lunch: Beef, EU, Peanut, Tripe, Brunch: EU, Peanut, Tripe, EU, Peanut, Tripe,</td>
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<td>Friday</td>
<td>EU, Peanut, Tripe, EU, Peanut, Tripe, EU, Peanut, Tripe, EU, Peanut, Tripe,</td>
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**Menu is Subject to Change**

Please enjoy a protein milk each meal.

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Seneca Nation Area Office for the Aging

**June 2023 Menu**
# JUNE TRIPS

**NO TRIPS FOR CATTARAUGUS THIS MONTH**

<table>
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<th>SUN</th>
<th>MON</th>
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<td><strong>ALL TRIPS DEPARTS THE CENTER @ 1 PM UNLESS OTHERWISE NOTED</strong></td>
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<td>RIDERS CHOICE</td>
<td>WALMART</td>
<td>GANONDAGAN *LIMIT 10 ELDERS DEPART 9AM</td>
<td>LOCAL</td>
<td>RIDER'S CHOICE</td>
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<td>RIDERS CHOICE</td>
<td>POOL TOURNERY CATT. TO ALLEG. DEPART 12PM</td>
<td>BIG LOTS BRADFORD, PA</td>
<td>LOCAL</td>
<td>RIDER'S CHOICE</td>
<td>BISON'S GAME SIGN-UP IN PERSON DEPART 1PM</td>
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<tr>
<td>RIDERS CHOICE</td>
<td>MOVIES DEPART 12PM</td>
<td>BUFFALO FARM</td>
<td>LOCAL</td>
<td>APPLEBEE'S</td>
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<td>RIDERS CHOICE</td>
<td>POOL TOURNERY ALLEG. TO CATT. DEPART 12PM</td>
<td>WEGMAN'S</td>
<td>LOCAL</td>
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### SNAOA Transportation Reminders

To maintain Elder independence, the AOA offers transportation services. If you need a ride to the store, to a doctor's appointment, to run an errand, or to visit a friend or family, contact us at 716-945-8990 in Allegany and 716-534-5777 in Cattaraugus.

**REMINDER:** Ride requests require advance notice. Please plan accordingly.

- Local and non-medical ride requests require 48 hours notice.
- Appointments, medical appts., and out-of-area ride requests require two (2) weeks' notice.
Father's Day Crossword

ACROSS
3. Sleep in a tent.
8. Day of the week that Father's Day is celebrated.
11. Outdoor activity that involves sitting in a boat.
13. My father is my ________.
15. My father loves to watch ________ on the TV.

DOWN
1. Another name for father.
2. Narrow cloth worn around the neck.
4. Dad’s Father.
5. A favorite Sunday sport.
6. To fix things Dad needs his...
7. Month of the year that we celebrate Father’s day.
10. Mode of transportation.

<table>
<thead>
<tr>
<th>ACROSS</th>
<th>DOWN</th>
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</thead>
<tbody>
<tr>
<td>3. Sleep in a tent.</td>
<td>1. Another name for father.</td>
</tr>
<tr>
<td>8. Day of the week that Father’s Day is celebrated.</td>
<td>2. Narrow cloth worn around the neck.</td>
</tr>
<tr>
<td>9. Outdoor Cooking.</td>
<td>4. Dad’s Father.</td>
</tr>
<tr>
<td>11. Outdoor activity that involves sitting in a boat.</td>
<td>5. A favorite Sunday sport.</td>
</tr>
<tr>
<td>12. Opposite of female.</td>
<td>6. To fix things Dad needs his...</td>
</tr>
<tr>
<td>13. My father is my ________.</td>
<td>7. Month of the year that we celebrate Father’s day.</td>
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</tbody>
</table>
Elder Abuse Awareness Event
Thursday - June 29th, 10AM-2PM
Cattaraugus Territory - Seneca Fire Hall
Wear Purple for Awareness

Mini Social & Raffles
Lunch Provided
Hoop Dance & Smoke Dance Performance
Information & Resources
Allegany Transportation Available

For More Information Contact:
Crime Victims Services at 716-532-8339
or SN AOA at 716-945-8414