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Directors Update

Nya:wēh Sgē:nō’

Winter sure came in a hurry and we hope that you are staying safe and warm. We hope to see you all at the Annual Christmas Luncheon on, Monday, December 11, at the Allegany Casino sponsored by the SNI Executives, it's always so nice to see everyone visiting and catching up with all your friends and family. Many Nya:wēh's to everyone who helps put this event together for you. Please see inside for upcoming closing dates. Please take care of yourselves, check on others and be safe this winter. Have a safe and happy holiday,

Ēsgögē’ ae’ - I'll see you again. Bethany Lay
Monthly In-Person Legal Assistance @ AOA

With Thomas Warren,
Center for Elder Law & Justice
4th Friday of Every Month
**Appointments required**

To make an appointment:
• Call Tina Law in Catt.
at (716)532-5777
• Call Bridgette John in Allegany at (716)945-8990

OAKS Barber Shop

WE’RE EXCITED TO ANNOUNCE WE OFFER ELDERLY HOME SERVICES!

Please call to make an appointment @ 716-261-8621
63 Main Street
Salamanca, NY 14779
The Home Energy Assistance Program (HEAP) helps low-income people pay the cost of heating their homes. If you are eligible, you may receive one regular HEAP benefit per program year and could also be eligible for emergency HEAP benefits if you are in danger of running out of fuel or having your utility service shut off.

The 2023-2024 Regular HEAP benefit opens November 1, 2023. Eligibility and benefits are based on income, household size, the primary heating source, and the presence of a household member who is under age 6, age 60 or older or permanently disabled.

For more information or assistance applying for HEAP, please contact Briana Snyder, AOA Options Counselor, at (716) 532-5777, ext 3624.

Preparing for Winter

Fall is a beautiful time of year, but seasons change quickly! We want to make sure that our Elders are prepared for winter and aware of the services available to help them stay safe.

Snow Plowing

During the winter months the Seneca Nation DPW may be able to provide snow plowing for eligible Elders on-territory. Please remember that DPW's first priority is clearing parking lots and walkways at SNI facilities. After SNI sites are cleared, work begins to plow driveways for Seneca Elders/Disabled members that have requested service. DPW makes every effort to schedule early plowing for those eligible who need to be able to get out of their driveways for dialysis, chemotherapy, etc.

**Cattaraugus Elders:** To apply for snow-plowing through SNI DPW, please contact Lindsey Cooper, AOA Senior Support Specialist, at (716) 532-5777 ext. 5504.

**Allegany Elders:** To apply for snowplowing through SNI DPW, please contact Allegany DPW at (716) 945-5441.
Medicare’s Open Enrollment is October 15 – December 7, 2023

Medicare allows health and drug plans to make changes regarding their cost and coverage and allows for those plans to update their networks of providers and pharmacies.

During Open Enrollment, Medicare beneficiaries can change their Medicare health plans and prescription drug coverage for the following year to better meet their needs. Any applicable changes will have an effective date of January 1, 2024.

What You Can Do

- Change from Original Medicare to a Medicare Advantage Plan
- Change from a Medicare Advantage Plan back to Original Medicare
- Switch from one Medicare Advantage Plan to another Medicare Advantage Plan
- Switch from a Medicare Advantage Plan that doesn’t offer drug coverage to a Medicare Advantage Plan that offers drug coverage
- Switch from a Medicare Advantage Plan that offers drug coverage to a Medicare Advantage Plan that doesn’t offer drug coverage
- Join a Medicare Prescription Drug Plan
- Switch from one Medicare Prescription Drug Plan to another Medicare Prescription Drug Plan
- Drop your Medicare prescription drug coverage completely

Individuals enrolled in a health or prescription drug plan should review materials their plan sends, such as the ‘Evidence of Coverage’ (EOC) and ‘Annual Notice of Change’ (ANOC). If the individual believes their current plan will still be offered and will meet their needs for the upcoming year, they don’t need to change their health or prescription plan.

For further information and assistance regarding your Medicare coverage, please contact Briana Snyder, Seneca Nation AOA Options Counselor at 716-945-8991.
Upcoming Activities @ Elder Centers

Wini Kettle Senior Center:

Monday 12/18- Cornhole practice @ 1pm
   Potluck & BINGO @ 5pm
Tuesdays- Card Club @ 10am
   Women’s Shuffleboard 12/5 @ 1pm
   Women’s Pool 12/12 @ 1pm
Wednesdays- Seasonal Craft @ 1pm
   12/27 LRC Tournament @ 1pm
Thursdays- Quarter Bingo 12/7 @ 1pm
   12/14 Gingerbread Decorating Contest
   12/21 Ugly sweater contest & BINGO @ 1pm
Fridays- Card Club @10am
Saturdays-Christmas movie & snacks @ 1pm
Sundays- Bingo @ 2pm

HOURS
Monday-Friday
8AM-7PM
Saturday &
Sunday
10:30-7PM

Seneca Allegany Elders Center:

Everyday- Coffee Social 9-10am
Mondays- Nutrition Education 12/4, 12/18 11am
   Adult Coloring 1-3pm
   Movie Night 4-6 pm
   Open pool 12/11 5-7pm
Tuesdays- Lunch 12-1pm
   Puzzle time-1-3pm
   Open Pool 5-7pm
Wednesdays- Card Class 11am-1pm
   Board Games 2-4pm
   Open Pool 5-7pm
Thursdays- Quarter Bingo 12/7 @ 1pm
   12/14 Gingerbread Decorating Contest
   12/21 Ugly sweater contest & BINGO @ 1pm
Fridays- Seneca Language 11am-12pm
   Christmas bulbs 12/1, 12/8, 12/15 2-4pm
   Card Games 12/22, 12/29 2-4pm
   Open Pool 5-7pm
Saturdays- Open Pool 11am-1pm
Sundays- New Year’s breakfast 9am-12pm
   Open Pool 11am-1pm

HOURS
Monday-Friday
8:30AM-7:00PM
Saturday &
Sunday
9:00AM-2:00PM
UPCOMING SENECA ELDER EVENTS

Sign-up sheets for shows are available **1 MONTH** prior to the event. Numbers are turned in to the Casino 1 week prior, if you have a change in plans please cancel before then.

Please arrive 2 hours prior to the show for buffet at the casinos.

Cirque Musica Holiday Wonderland  Friday, December 8th 2 p.m. Seneca Niagara
Holiday Luncheon  Monday, December 11th 11 a.m. Seneca Allegany Event Center
Sara Evans  Saturday, December 16th 7 p.m. Seneca Allegany Event Center
Buffalo Bills Game (Lottery, limited seats)  December 31st 1 p.m. game
Kool & the Gang  Saturday, January 27th 8 p.m. Seneca Niagara Event Center
Brantley Gilbert  Saturday, February 10th 7 p.m. Seneca Allegany Event Center
Legacy Fight Alliance  Friday, February 23rd 7 p.m. Seneca Niagara Event Center
DECEMBER 2023 MENU

**BIRTHDAY**

**Christmas Day**

**SITE CLOSED**

**SITE CLOSED**

**SITE CLOSED**

**SITE CLOSED**

7- Ja:dak
Answers to word mix-up:

1. Rudolph
2. Christmas
3. Stockings
4. Hanukah
5. Tree Lights
6. Black Friday
7. Wrapping Paper
8. Cookies
9. Holiday Party
10. Santa Claus
11. Sleigh Rides
12. Snowman
13. Mistletoe
14. Yuletide Log
15. Candy Cane
16. Roasted Chestnuts
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holly jolly MIX-UP

Unscramble the holiday words...

1. PULRDOH
2. MHCISTARS
3. GSTKCNOIS
4. UHANKHA
5. ERTE GISHTL
6. KBLCA DFYRIA
7. PGNIWRPA RPEAP
8. ECOIKSO
9. YLOHDIA YPRTA
10. ANSTA UALCS
11. EGSLIH IDRES
12. WNMSOAN
13. EISMOETLT
14. EYDEIULT GLO
15. YCNAD EANC
16. AROSDET TSNCHTSUE

ANSWERS ON PAGE 8