



ELDER LIVING

Seneca Nation Area Office for the Aging



Group photo with Gila Indian River Community on their visit

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**AOA and SNI
Offices are
CLOSED**

**August 16th for Employee
Appreciation Day**

Director's Update

Nya:wëh S'geno

August is here and so is your Annual Elders Summer Event: A Caribbean Beach Party on Wednesday, August 14, 2024, 11:00am-3:00pm at the Seneca Allegany Casino Event Center, see inside for important details.

I would like this time to acknowledge and send a huge "NYA:WËH" to our TERC Summer Youth participant, Addison Crooks and 2 Summer Leadership Interns, Eliya Valencia-High School and Aurora Stevens-College.

We wish you all the best in your future endeavors and that you will remember all what you learned about AOA while here. Ja:goh! Also, we have have 2 new workers at our Cattaraugus site, Natasha Snow-the Activities Coordinator and Adrian Carry Moccasin-the Activities Leader. Both ladies have settled in nicely! Stop in and say hello!

Reminder: to pick up your Farmers Market Coupons if you haven't done so already. Remember to stay cool, keep hydrated and to check on one another, on family and also pets in this hot weather!

If you need assistance or would like to participate in any of our activities/events or have suggestions as well, please don't hesitate to contact us.

Ësgögë' ae', Bethany Lay, Director



Elders

SUMMER EVENT

Join the Caribbean Beach Party

August 14, 2024

11:00 am – 3:00 pm

Seneca Allegany Resort and Casino Event Center

Door Prizes & Entertainment

For Bus Transportation Info & RSVP to AOA (716) 945-8414 by August 2nd



FREE In-Person Legal Assistance @ AOA

With **Thomas Warren**,
Center for Elder Law &
Justice

Date:
August 30

****Appointments required****

To make an appointment:

- Call Bridgette John in Allegany at (716)945-8414
- Call Tina Law in Cattaraugus at (716)532-5777

Allegany Elders Center Hours

MON-FRI
8:30AM-7PM
SAT-SUN
9AM-2PM



Wini Kettle Senior Center Hours

MON-FRI
8AM-6PM
SAT-SUN
11AM-3PM

Congregate Dining at AOA

44 Seneca Senior Center

Weekdays from 12 - 1 pm.

Please call for reservations by 3pm the day prior: 716-945-8414.

Seneca Allegany Elders Center

Tuesdays and Thursdays

from 12 - 1 pm.

Please call for reservations by 3pm the day prior: 716-945-8414.

Wini Kettle Senior Center

Weekdays from 12 - 1 pm.

Please call for reservations by 3pm the day prior: 716-532-5777.



Upcoming Seneca Elder Events



Sign-up sheets for shows will be available **1 MONTH** prior to the event. Numbers are turned into the Casino **1 week** prior, if you have a change in plans please cancel **before** then.

***Note: Guests are not guaranteed, they are only accommodated after all Elders tickets.**

Please arrive **2 hours** prior to the show for the buffet at the casinos.

Guest
Cost

- \$38** **Trey Songz** Friday, August 9th 8 p.m. Seneca Niagara Event Center
- N/A** **NYS Fair** Friday, August 30th **AOA bus** call for more info
- N/A** **Grand Lady Cruise(Buf)** Wednesday, September 4th **AOA bus** call for more info
- \$44** **Peter Frampton** Saturday, Sept. 21st 7 p.m. Seneca Niagara Outdoor
- \$25** **Sugar Ray** Saturday, September 28th 8 p.m. Seneca Niagara
- \$23** **Rocky Horror Picture Show** Saturday, October 5th 8pm Seneca Niagara

Allegany AOA (716)945-8990

Cattaraugus AOA (716)532-5777



Seneca Nation AOA

FARMERS MARKET COUPONS !

Starting **07/01/2024**, coupon booklets may be picked up at the **Allegany Elder Center** or the **Wini-Kettle Senior Center**.

Eligibility:

- 60 Years of Age or older; AND
- Monthly income is at or below:
 - \$2,322/month (One-Person Household
 - \$3,152/month (two-Person Household; or
 - \$3,981/Month (three-Person Household

Rules:

- Proxies may pick-up vouchers on behalf of Elder provided Elder has signed a statement designating that individual as proxy. (*Available at the AOA*) A valid Power of Attorney
- may sign for checks and pick up books on behalf of an Elder. Booklet of five (5) \$5.00 checks worth \$25.00.
-
- For use at authorized vendors and farm stands participating in the program, and not at grocery stores.
- Used to buy locally grown fresh fruits and vegetables.
- Look for the brightly colored Farmers Market sign saying "We Gladly Accept Farmers' Market Checks".
- Checks cannot be used after 11/30/2024.
- Checks are worth \$5.00. Farmers will not give change.
- Coupons may be redeemed by caregivers.

Alternatively, you may request your Farmers Market Coupons by filling out our online form.

<https://form.jotform.com/241714950712151>

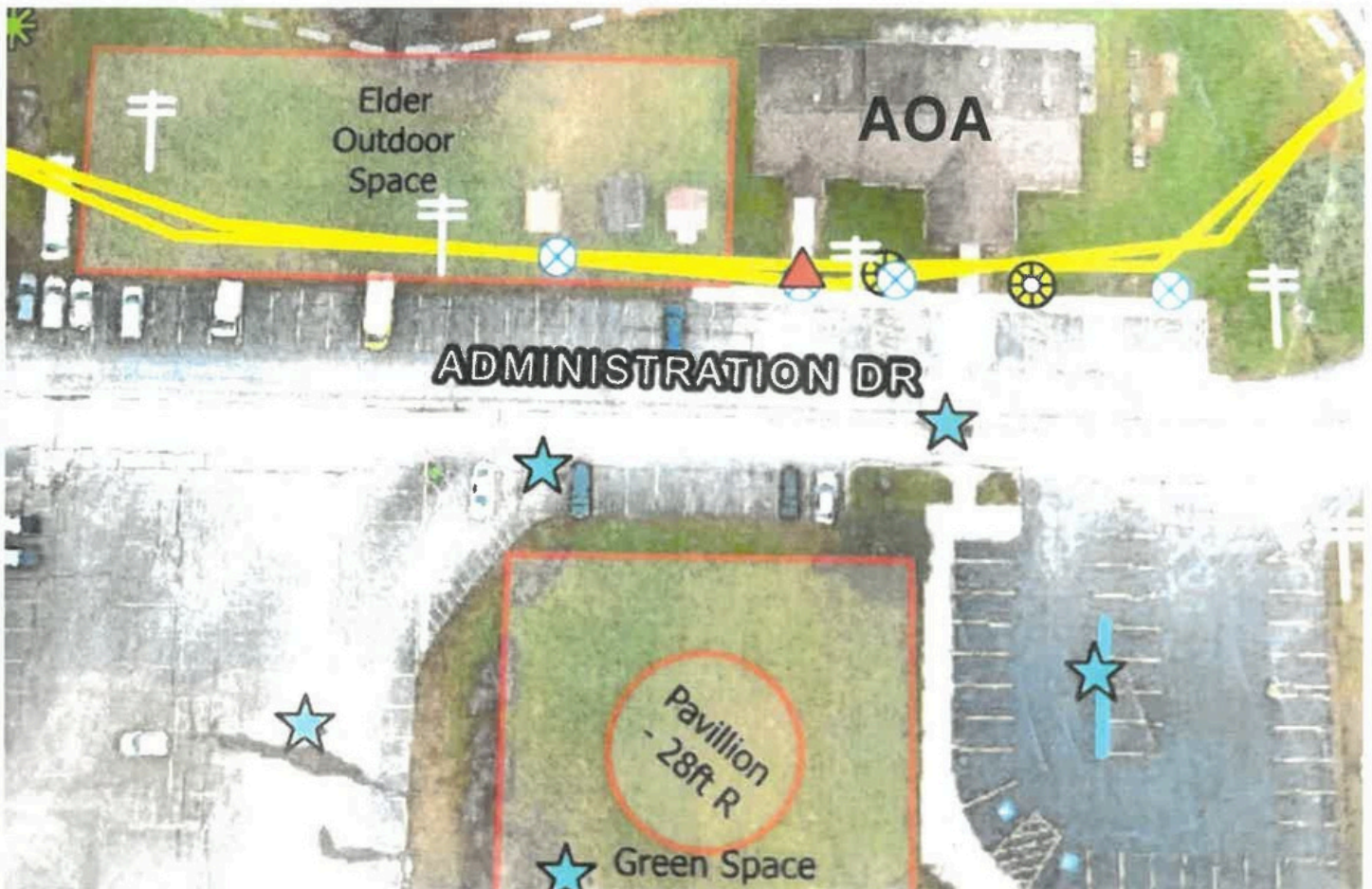
Coupons will be mailed to you. Allow 2-3 business days for processing.



For More information
contact us at:

Cattaraugus Territory: 716-532-5777
Allegany Territory: 716-945-8414

LOOKING FOR SUGGESTIONS!



Above is a picture of the outdoor space designated for Elders. This is outside the Allegany Elders Center. We are looking for input on how our Elders would like to see the space utilized! Also, Input is welcome on the style of the pavillion that will be across from AOA for public use. Such as gazebo, grills, square or rectangular, etc. *Please take a look and submit your suggestions.*

Thank you



Seneca Nation
Area Office
for the Aging

ELDERS CENTER TRIP SUGGESTIONS & COMMENTS

Date: _____

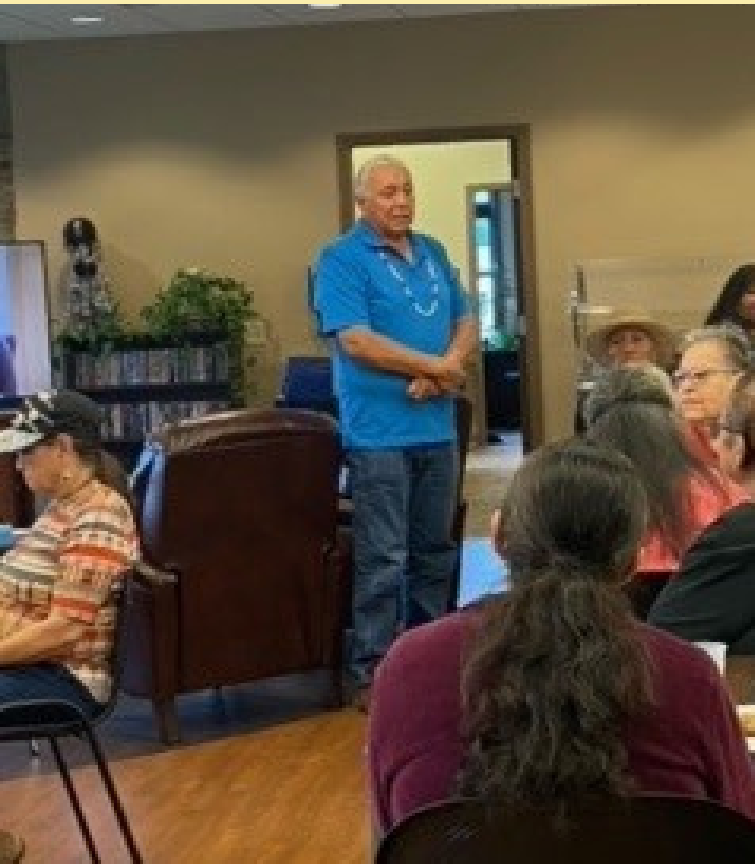
**Please call or mail in trip suggestions at least one month in advance. Please include date and time of event.
Cattaraugus is limited to six riders until cdl position is filled.**

Seneca Allegany Elder Center 3644 Administration Drive Salamanca, NY 14779 716-945-8414	Wini Kettle AOA 28 Thomas Indian School Dr. Irving, NY 14181 716-532-5777
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Visit from Gila River Indian Community

We had 18 Elders and 5 Staff visiting from the Gila River Indian Community.

We had a fun-filled day with lunch and BINGO.
It was a blast!





August 2024 Menu

Seneca Nation Area Office for the Aging



O'wē:da't – Monday	Swēda:dih – Tuesday	Ha'dewēdāäh - Wednesday	Ēyóhē'tgeh – Thursday	Wēda:k'ah – Friday
In Allegany please call 716-945-8414 or in Cattaraugus please call 716-532-5777 to make a reservation or cancel a meal by 3:30pm the day prior to the meal	MENU IS SUBJECT TO CHANGE Please enjoy a ½ pint milk served with each meal!		1 Chicken Fettuccine Alfredo Served with Broccoli & Cauliflower And a Dinner Roll Fruited Jell-O for dessert	2 Liver & Onions Roasted Red Potatoes Zucchini and Squash Clementine Apple Crisp for dessert
5 Chicken & Rice Casserole With Steamed Peas and Carrots Ambrosia for dessert	6 Salisbury Steak with Gravy Noodles, Steamed Cauliflower and Carrots, Dinner Roll Fruit cup for dessert	7 Cheese Tortellini Spinach Salad and California Blend Vegetables Breadstick Orange for dessert	8 TRADITIONAL MEAL Braised Bison with Carrots Broccoli and Wild Rice bake Warm Fruit Crisp with whipped topping for dessert	9 Tuna Melt on wheat Vegetable Soup, Celery Sticks Fresh Cantaloupe
12 Chicken Salsa Rice Bake Red Bell Pepper Sticks And Humus Grapes Brownie for dessert	13 BBQ Pulled Pork Sandwich Sweet Potato, Coleslaw Fruit Cup for Dessert	14 Italian Sausage Hoagie Sautéed peppers & onions Baked Beans, Potato Salad Carrot Sticks Blueberries and Peaches	15 Vegetable Lasagna Served with Garden Salad And a Dinner Roll Apple Juice and Fruited Jell-O for dessert	16 Crispy Breaded White Fish Fillet Herbed Summer Squash Roasted Baby Red Potatoes Healthy Cheesecake with Fresh Berries
19 Spaghetti & meat sauce Roasted Zucchini, Tossed Salad, Italian Bread Slice Apricots	20 Ranch Chicken Green Beans Brown Rice Fruit Cocktail for dessert	21 BRUNCH Corned Beef Hash Casserole, Steamed Asparagus, Whole Wheat Toast, Fresh Cantaloupe and Blueberries	22 BIRTHDAY PARTY Teriyaki Pork with Rice Roasted Carrots Strawberry Poke Cake with fresh Strawberries	23 Beef Tacos Served with Salsa and Sour Cream and a Coleslaw Fresh Melon
26 Macaroni & Cheese Stewed Tomatoes With Zucchini & Squash Blend Peaches and Blueberries for dessert	27 Philly Steak & Cheese Sandwich with grilled onions & peppers Roasted Red Potatoes, Green Beans Fresh Cantaloupe	28 Pepperoni & Vegetable Pizza Served with a Side Salad Fresh Peaches for dessert	29 Hot Dog and Baked Beans with Vegetable Pasta Salad Watermelon for dessert	30 Grilled Chicken Strawberry Poppy Seed Salad Served with a dinner roll, Celery and Carrots w/Ranch Dressing Ice cream for dessert

“Let food be thy medicine and medicine be thy food”

Allegany AOA Activities

Allegany Senior Center
3644 Administration Drive
Salamanca, NY 14779
716-945-8990

Any questions please feel free to call

Stephanie

Calendar is subject to change!!

August 2024



Sun	Mon	Tue	Wed	Thu	Fri	Sat
Hours Monday—Friday 8:30am-7pm Sat. & Sun. 9am-2pm 	Pot Luck August 26, 2024 1pm-3pm "Spare Ribs" 	 6 9 Coffee Social 12 Lunch 1 Board Games 4 Open Pool	 7 9 Coffee Social 11 Card Class 1 Puzzle Time 4 Open Pool	BINGO Dollar Tree Bingo CASH BINGO Snack Bingo CASH BINGO Cozy Items Bingo 1 8 15 22 29 1 9 12 1 4 Coffee Social Lunch Bingo Open Pool	 2 9 11 1:30 3 Coffee Social Scrabble Seneca Lang. Fish Fry Night	 3 9 11 Coffee Social Adult Coloring
4 9 11 Coffee Social Open Pool	5 9 11 1 4 Coffee Social Sun Flower Wreath Open Pool Mon. Matinee	6 9 12 1 4 Coffee Social Lunch Board Games Open Pool	7 9 11 1 4 Coffee Social Card Class Puzzle Time Open Pool	8 9 12 1 4 Coffee Social Lunch Bingo Open Pool	9 9 11 1:30 3 Coffee Social Scrabble Seneca Lang. Fish Fry Night	10 9 11 Coffee Social Adult Coloring
11 9 11 Coffee Social Open Pool	12 9 11 1 4 Coffee Social Tye Dye Shirts Open Pool Mon. Matinee	13 9 12 1 4 Coffee Social Lunch Board Games Open Pool	14 9 11 1 4 Coffee Social Card Class Puzzle Time Open Pool	15 9 12 1 4 Coffee Social Lunch Bingo Open Pool	16 9 11 1:30 4 Coffee Social Scrabble Seneca Lang. Fish Fry Night	17 9 11 Coffee Social Adult Coloring
18 9 11 Coffee Social Open Pool	19 9 11 1 4 Coffee Social Shadow Box Open Pool Mon. Matinee	20 9 12 1 4 Coffee Social Lunch Board Games Open Pool	21 9 11 1 4 Coffee Social Card Class Puzzle Time Open Pool	22 9 12 1 4 Coffee Social Lunch Bingo Open Pool	23 9 11 1:30 3 Coffee Social Scrabble Seneca Lang. Fish Fry Night	24 9 11 Coffee Social Adult Coloring
25 9 11 Coffee Social Open Pool	26 9 11 1 4 Coffee Social Rock Painting "POT LUCK" Mon. Matinee	27 9 12 1 4 Coffee Social Lunch Board Games Open Pool	28 9 11 1 4 Coffee Social Card Class Puzzle Time Open Pool	29 9 12 1 4 Coffee Social Lunch Bingo Open Pool	30 9 11 1:30 3 Coffee Social Scrabble Seneca Lang. Fish Fry Night	31 9 11 Coffee Social Adult Coloring

AOA Bus Trips

AUGUST 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	Calendar Is Subject To Change	For any questions Please contact Stephanie @ 716-945-8990		1 ONOVILLE Old Town, Old times Beef on Weck & Potluck Dinner 5-7 STEAMBURG	2 RIDER'S CHOICE	
5	RIDER'S CHOICE	6 LOCAL SHOPPING	7 WEGMAN'S JAMESTOWN	8 LOCAL SHOPPING	9 RIDER'S CHOICE	
12	RIDER'S CHOICE	13 LOCAL SHOPPING	14 ELDER'S PICNIC @ CASINO	15 LOCAL SHOPPING	16 RIDER'S CHOICE	
19	RIDER'S CHOICE	20 LOCAL SHOPPING	21 BUFFALO FARM	22 LOCAL SHOPPING	23 SENECA NIAGARA CASINO	
26	RIDER'S CHOICE	27 LOCAL SHOPPING	28 WALMART BRADFORD	29 LOCAL SHOPPING	30 STATE FAIR	

Catt AOA Activities

August

2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
4 QUARTER BINGO 1PM LIGHT SNACK@NOON	5 WALKING 9AM MENS POOL9:30AM POTLUCK 5PM	6 CARD CLUB 10AM CO-ED POOL TOURNAMENT 9:30 AM	7 WALKING 9AM WALMART TRIP 1PM	8 QUARTER BINGO 1PM	9 CARD CLUB 10AM SHUFFLE BOARD 1PM	10 CORNHOLE 10AM LIGHT SNACK @NOON
11 QUARTER BINGO LIGHT SNACK @NOON	12 WALKING 9AM MENS POOL 9:30AM POTLUCK 5PM	13 CARD CLUB 10AM CRAFTS 1PM	14 ELDERS SUMMER BASH 10 AM SENECA ALLEGHANY CASINO	15 QUARTER BINGO 1PM	16 CARD CLUB 10 AM SHUFFLEBOARD 1PM	17 CORN HOLE 10AM LIGHT SNACK @NOON MOVIE 1PM
18 QUARTER BINGO LIGHT SNACK@NOON	19 WALKING 9AM MENS POOL 9:30AM POTLUCK 5PM	20 CARD CLUB 10AM CRAFTS 1PM	21 WALKING 9AM WALMART TRIP 1PM	22 QUARTER BINGO 1PM	23 CARD CLUB 10AM SHUFFLE BOARD 1PM	24 CORN HOLE 10AM LIGHT SNACK MOVIE 1PM
25 QUARTER BINGO LIGHT SNACK@NOON	26 WALKING 9AM MENS POOL 9:30AM POTLUCK 5 PM	27 CARD CLUB 10AM CRAFTS 1PM	28 WALKING 9AM WALMART TRIP 1PM	29 QUARTER BINGO 1PM	30 CARD CLUB 10AM SHUFFLE BOARD 1PM	31 CORNHOLE 10 AM LIGHT SNACK@NOON MOVIE 1PM

**** SCHEDULE SUBJECT TO CHANGE WITH UP COMING TRIPS BECOMING AVAILABLE. FEEL FREE TO STOP IN TO SIGN UP FOR ANY TRIPS OR ACTIVITIES

Name: _____

Date: _____



AUGUST

Word Search Puzzle



I Z Z S S H G T R T G E Y O G B P P
A Y B U H M D A N E I W R Q V A B B
C Y C O I A W O R R A Z Y E J R E I
Z T P Q A S D Z R D W D I W T B Y K
E X O S P T W E P N E T I I K E J I
B S P W S O E I G X A N N N Z C G N
R O U S E O P N M O M F M E G U A G
D V S N N L I S L M M O R L Q E C J
C G B A S H T F I A I I A F Y I B S
F A C E S E I C E C F N Z N N A K O
H M M I A D T N S P L T G C S X S C
X P F P Q C O F M U I E I B S T F E
O R X M I I H A K U N P S L S U K A
E Z B Y T N C E S Z Y W O U O A R N
W B R A K O G M K Y B O G E Y E M I
E S C K L N I R M H P U K A V R U W
C A G N G W A J O J A A K I A S T P
V Z B E S P T Z X V L S R W F P E X

Find these words related to the month of August

- | | | | |
|----------|-----------------------|-----------|---------|
| BOAT | KAYAK | SUN | WARM |
| GARDEN | BARBECUE | SHADE | LAKE |
| CAMPFIRE | OCEAN | VACATION | TOWEL |
| BIKING | CANOE | SWIMSUIT | POOL |
| FLOATIE | PICNIC | SWIMMING | PARK |
| FISHING | BEACH | POPSICLES | CAMPING |
| RIVER | ICE (as in ice cream) | READING | SUNSET |
| AUGUST | | | |



The words may be hidden vertically, horizontally or diagonally.